



# BIORN CLUB

APRIL 2025  
NEWSLETTER

Celebrating families with special needs kids!

Our April 13 gathering is now fully subscribed!

*Thank you for the great response!*

## WHAT PARENTS SAY

“The March activity was very relaxing, and very enjoyable for my child!”

“Thank you very much for organising this event. The children had a lot of fun!”

“Thank you for organising such a wonderful event. Both my sons had an amazing time at the park with all of you. It’s a great way for them to explore, have fun and stay engaged. They say they want to join next time!”

**REGISTRATION FULL**



**13 April 2025**  
**9.30am - 11.30am**

**make your own**  
**PIZZA**



**FOR SPECIAL NEEDS CHILDREN & SIBLINGS**



**Limited to**  
**20 kids only!**

**Rm20/child**

- age 6-18 years old
- refreshments included for accompanying carer



Further enquiries  
WhatsApp +60 11-2185 5778

It is with great excitement that we announce that..  
**Biorn Club has found a permanent home!**



We are taking a **bold new step** in growing the Biorn Club community!

In the last few months since we started in January 2025, we were hit with unexpected venue costs for our various activities. This spurred us on to find a **base for our community and enrichment activities.**



After much deliberation and with much trepidation, we have just signed a 2-year rental lease for this modest 689 square feet unit. The next step: To embark on **some basic renovations**, to make it usable and 'livable'!

Due to the hefty costs (totalling RM50,000 in all), we won't be able to do all the renovations we desire. But here's where you can make a difference: **We welcome you to help build our nest, as a donor or sponsor!** Your contribution will help us cover essential works:

- Removal of existing partitions
- Painting of the entire unit
- Purchase and installation of aircon
- Tables and chairs

**Help us furnish our new home!**

Contact Rachel  
(+60 11-2185-5778)  
for details, or  
scan QR code:





## March Report

### Scavenger Hunt Adventure!

Early on the morning of March 16th, we eagerly looked forward to our scavenger hunt at Sunway Emerald Park. But what we truly looked forward to was the friendships that grow through joining Biorn Club events, and the fun we enjoy together in this special community.



While we were setting up, the children were already getting ready to explore the beauty of nature and the creatures that call the park home. After some warm-up exercises and simple instructions, everyone eagerly dashed to the starting line, ready to begin their adventure.



The children discovered schools of koi fish swimming towards them, and fed them with fish pellets. Filled with curiosity, some kids made friends with the ducks and rabbits. Their joy and delight in the little creatures were clearly evident!



## A Masterpiece of Nature

Along the way, we played some classic games like Hopscotch, rope skipping, and hammer and shield. These simple exercises brought lots of energy, excitement, and joy to everyone.

As the adventure walk reached the final 100 meters, everyone was challenged to run as fast as they could to reach the finish line... and what a race it was!



We were all rewarded with cold orange juice and savoured favourites such as pasta, popcorn chicken and fries. Every finisher was awarded a bear towel.

The children had collected leaves and flowers along the way, and now they transformed them into beautiful art pieces. It was impressive to see their focus and dedication as they carefully crafted their masterpieces.



It was a memorable day filled with fun, laughter and learning, surrounded by supportive family and friends — just the way life should be!

## **DID YOU KNOW?**

### **Scavenger hunts are really good for Special Needs kids!**

It leverages on their ability to zoom in on details, and engages their unique powers of observation and focus! Scavenger hunts are not only a fun play idea, but also have some hidden benefits:

#### **Mind Exercise**

Giving your child a checklist (in visual, written or verbal format) for them to go through and collect items to tick off is an enjoyable way of working on executive functioning such as sequencing, organising and reinforcing problem-solving skills.

#### **Body Exercise**

Scavenger hunting can also be a good exercise for the body, particularly those kiddos who are inseparable from their screens! Incorporate clues that get kids moving in different ways, e.g. skipping, jumping, hopping from one point to another. Get those legs moving!

#### **Connecting With Nature**

If your kids are bouncing off the walls, take the scavenger hunt outdoors and let them explore natural wonders. The fresh air, vitamin D and green space are known to reduce stress and improve mood in adults and kids. Bring along a magnifying glass to get up close with nature.

#### **Social Skills**

Making a scavenger hunt a group activity is a great way to help your child play with other children and practice using concepts such as keeping their body in the group, following the group plan, and using their thinking eyes. It also allows them to make some friends along the way.

#### **Sensory Regulation**

Scavenger hunts can enhance sensory development, by becoming aware of their different senses or as part of a sensory diet to help keep your child regulated. For example, get them to find something that:

- Feels green and soft
- Feels wet and cold
- Makes a sound
- Is smooth
- Is fluffy
- Has a nice smell.

Encourage the kids to take their time collecting their nature treasures. After the hunt, be sure to give them time to play with their treasure trove!



# COME JOIN US as...

## ✓ A participant

Our monthly gatherings are a chance to connect, have fun, and watch our children grow into their best selves—all within a warm and welcoming community.

If you haven't joined us yet, we welcome you with open arms!



## ✓ A sponsor

We are also looking for sponsors (personal and corporate), so we can keep this monthly gathering affordable for all interested families.

You can:

- ✓ Sponsor a gathering (food and/or venue), or
- ✓ Sponsor a family to attend.



## Considering being a sponsor?

Contact Rachel (+60 11-2185-5778) for details, or scan QR code:



## Biorn Club:

**Where every child & parent feels valued and celebrated!**

- ***We are special too!*** We understand what it's like to live with loved ones with special needs.
- That's why we are passionate about creating a **supportive and inclusive community** for families with special needs.
- ***Our goal is*** to create a place where:
  - Every child feels loved
  - Every parent feels supported, and
  - Everyone finds a true sense of belonging.



## Our Mission:

- ***To provide*** children with special needs a space where they truly belong, and
- ***To empower*** parents by sharing experiences, resources & encouragement.



**There are friends  
here waiting to  
meet you!**

**Why walk alone  
when you can  
walk together? :)**

