



# BIORN CLUB

DECEMBER 2025  
NEWSLETTER

Celebrating families with special needs kids!

Sign up now  
for Dec club  
gathering!

## What Parents Say about Oct baking event

“My son really had fun during the baking session. We enjoyed it too!”

“A lovely experience that had structure and yet flexibility as well. It was nice to see kids baking together.. they had some bonding moments too!”

“Superb experience to make the cake from the very beginning 🥰”

“The baked goods and ingredients list were carefully planned... great activity where kids can enjoy and learn as well.”

“I really liked it. I like hanging out with my friends. The cookies were great. Would love to join another session next year.”

**BIORN CLUB**

# BIORN CHRISTMAS

An inclusive event for families with children of diverse abilities, focused on fun, connection, and community.

**DECEMBER 2025**

**SUNDAY 07** 10AM-1PM

Bora Bora event hall  
Sunway Emerald Lakeside  
Sunway Iskandar Puteri

Games | Crafts | Food | Connect | Gifts

BRIDGING MINDS  
PINK & WHITE  
HOPE CONSULTANCY  
BORA AND CO.  
Better Together  
PLAY  
Life Futures

Joyous PIZZ@ nozig

Scan here to register

Further enquiries  
WhatsApp +60 11-2185 5778



# December Holiday Activity Days

**20**  
DECEMBER

Trial Taekwondo  
2 PM TO 3PM



**20**  
DECEMBER

Group Baking Class  
10:00 AM TO 12:00 PM



**21**  
DECEMBER

Japanese Nagomi Art  
10:30 AM TO 12:00 PM



**21**  
DECEMBER

DIY Snow ❄️ & Snow globe  
2:00 PM TO 4:00 PM



**23**  
DECEMBER

Trial Taekwondo  
10 AM TO 11 AM  
2:00 PM TO 3:00 PM



# SCHOOL BREAK

Welcome

Holiday

Season

Location : Biorn Clubhouse  
5-27, Sunway Citrine Hub,  
Sunway Iskandar Puteri

Further enquiries  
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# JAPANESE NAGOMI ART CLASS



- 21<sup>st</sup> December 2025
- Sunday
- 10:30 am to 12:00 pm
- Adults & children welcome
- all materials provided

**BIORN CLUBHOUSE**  
**SUNWAY CITRINE HUB**  
**ISKANDAR PUTERI**

MORE DETAILS  
TO FOLLOW.  
STAY TUNE ... ..

FURTHER ENQUIRIES  
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# Christmas Theme "Recycled Runway"

Start brainstorming your ideas,  
creativity, and innovations NOW!  
Register by 15th November 2025  
You can start working on your creation  
after design approval

Individual,  
Group or  
Family  
entry  
accepted

Runway will happen during our  
Christmas Event  
7<sup>th</sup> December 2025 | Sunday  
10am -12.30pm  
Venue : Bora Bora event hall,  
Sunway Emerald Lakeside, Sunway  
Iskandar Puteri, Johor



To register your interest or enquire more  
WhatsApp: 011-2385-9378



Recycled Christmas Theme outfits  
Handmade Accessories/Deco/Household items  
made from recycled materials  
Upcycling | Innovation | Creativity  
Reduce ♻️ Reuse ♻️ Recycle ♻️



## Seeking Sponsors for Biorn Club Christmas Celebration!

The festive season is just around the corner, and we're excited to celebrate Christmas together with our Biorn Club families!

This year, we're reaching out to our friends, partners, and kind supporters to join hands in bringing extra joy to our special needs children and their siblings. We're looking for sponsorships in the form of **cash, food, door gifts, prizes, or gift vouchers** to make this celebration even more meaningful.

Your contribution will help us create a warm and memorable Christmas experience — filled with laughter, love, and the spirit of giving. If you would like to contribute or learn more about sponsorship opportunities, please contact us. Together, let's make this Christmas a truly joyful one for our Biorn Club families!



## November Report

### Delicious Bakes

On November 16, our Biorn Club gathering brought families together for a group baking session. The cosy baking studio was fully equipped and buzzing with excitement.

The children's eyes lit up the instant they saw all the ingredients neatly prepared for them. With spatulas and mixing bowls in hand, they began imagining the beautiful pastries and cakes they were about to create — and how delicious they would be!





## Ingredients for a beautiful life

Using simple step-by-step methods, everyone started adding ingredients one by one. Some followed the instructions quite well, taking their time and staying focused. Others moved a little too fast, and it looked like they were messing things up. But this was where our assisting staff and volunteers shone. Like angels in the kitchen, they stepped in to guide, rescue, and help salvage mixtures that looked messy or a little too far gone.

Even when a batter was too messy to fix, there was no disappointment — because there was always a do-over. A fresh set of ingredients brought new hope, new excitement, and a new chance to try again.

Some pastries and cakes didn't turn out exactly as expected, but considering it was their first baking experience, the process were wonderful and full of learning. The children were amazed and proud of what they had made!



Through it all, parents were their children's strongest supporters — right there to cheer them on, celebrate their small victories, and to encourage them to keep going.

Whenever a child felt tired or discouraged, a gentle word or a helping hand from Mum or Dad was all they needed to keep going. Some younger ones needed a bit more help with mixing or rolling, and it was heartwarming to see parents guiding them patiently, turning challenges into shared bonding moments.

By the end of the event, the kitchen was filled with laughter, sticky fingers, small successes, imperfect cupcakes, and joyful memories — a truly beautiful mess that made the day meaningful and unforgettable.

A big thank you to all volunteers, staff, and parents for your support and encouragement!



## Biorn Club Merchandise

🌟 **Support with Heart —  
Wear with Pride!** 🌟

Every act of kindness creates ripples of hope. This season, you can continue supporting our special needs community through thoughtful giving — now with even more ways to show your love!

We're excited to introduce not only our Biorn Club Cap and Pin Set, but also our **Biorn Club T-shirt** — created with the same spirit of unity, dignity, and inclusion.

Whether worn or gifted, each item carries a message: ***Everyone belongs,  
Everyone matters.***

 **New! Biorn Club T-shirt —  
RM38 Only!**

A comfortable, beautifully designed T-shirt that represents community, pride, and togetherness. Available in all sizes for both children and adults, it's perfect for everyday wear, events, or as a gift!

**Why you'll love it:**

- Soft, breathable material for all-day comfort
- A design that celebrates inclusion and love
- One price for every size — just RM38

*All Biorn Club merchandise — including our new T-shirts and the Cap & Pin Set — will be available at the Biorn Christmas Celebration on 7 December 2025. Don't miss the chance to shop with purpose and spread love this season!*



**BIORN  
CLUB**

1ST YEAR.

# Anniversary

18TH JANUARY  
2026





## WEEKDAY RESPITE CARE & Academic guidance



Empowering & Enriching special needs families.

### What do we do ?

- 1-1 customised academic guidance
- English, BM, Maths, Science
- Pre- school, Primary, Secondary
- Reading, writing & Speech
- 1 hour per session
- Weekdays
- Morning & Evening time slot

EVERY CHILD LEARNS IN THEIR OWN UNIQUE WAY

**ENQUIRE NOW!**

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old



## WEEKEND RESPITE CARE hang-out | playdate



Empowering & Enriching special needs families.

### What do we do ?

- Fun engaging activities
- Interactive games
- Sensory activities
- Encourage social interactions
- 2 hours , small group of 2-5 pax
- Fridays, Saturdays , Sundays

CONNECT & BUILD FRIENDSHIP

**ENQUIRE NOW!**

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## Introducing Respite Care on Weekdays & Weekends!

We understand that Special Needs Families need lots of support ❤️

For this reason, Biorn Club is introducing:

- Respite Care on Weekdays (with academic guidance) and
- Respite Care on Weekends (with fun engaging activities) — all to provide help, support, joy and growth to our special needs families.

Run by experienced hands who are familiar with the school curriculum, these sessions will ensure your child gets the guidance they require, while you get the support you need to keep your family going.

Contact us to find out more, and let Biorn Club support your family in this coming year!

# Inclusive Taekwondo

- we welcome all special needs children aged 6-18 years old
- siblings who are non-special needs are welcome to join too.



**Training venue :**  
Biorn Clubhouse,  
Sunway Citrine Hub, Johor Bahru.

**Training time :**  
1 session per week

\*purchase of taekwondo uniform is required.



Further enquiries  
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# Building Emotional Resilience

## BUILDING BOUNDARIES AGAINST BULLYING

How to calm emotions?  
How to protect personal boundaries?  
Stand with confidence against bullying .

Once a week  
1.5 - 2 hours per session  
5 lessons to complete  
Individual coaching



Further enquiries | WhatsApp +60 11-2185 5778

# Sandplay Therapy

*Healing beyond words*

- ✦ For children and adults
- ✦ Safe, non-verbal expression
- ✦ Helps with trauma, anxiety, grief & more
- ✦ Supports emotional healing & self-growth



A gentle, creative therapy using sand, miniatures, and imagination to explore emotions that words cannot reach.

*Let your inner world speak  
- one scene at a time.*



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# TRANSFORMING ANGER THROUGH ART

## Clay Workshop

Clay offers a powerful, hands-on approach to managing anger.

Use the healing properties of art to express what words often cannot.

Kneading, shaping, and molding clay transforms emotional turbulence into calm, focused energy.

### Workshop Highlights

- A therapeutic and creative outlet for emotional expression
- Open to everyone aged 12 and above, especially beneficial for teenagers with ADHD.
- Small, supportive group setting - limited to a maximum of 4 participants for personalized attention.

*Turn anger into Art.  
Heal through your hands*



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# BAKING CLASS



Personal coaching  
Explore baking as  
a vocational skill



DIY Baking  
a cake  
cookies  
egg tarts  
cupcakes

develop  
hands-on  
skills



improve communication,  
confidence &  
independence



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## Biorn Club:

**Where every child & parent feels valued and celebrated!**

- We are a supportive and inclusive community for **families with special needs.**
- We understand what it's like to live with loved ones with special needs. ***We are special too!***
- ***Our goal is*** to create a place where:
  - Every child feels loved
  - Every parent feels supported, and
  - Everyone finds a true sense of belonging.

**Considering being a sponsor?**

Contact Rachel (+60 11-2185-5778) for details, or scan QR code:



## Our Mission:

- ***To provide*** children with special needs a space where they truly belong, and
- ***To empower*** parents by sharing experiences, resources & encouragement.



**COME JOIN US as a...**

✓ **A Sponsor**

✓ **A Volunteer**

We are looking for sponsors (personal and corporate), so we can keep this monthly gathering affordable for all interested families.

Would you consider:

- ✓ Sponsoring a gathering (food and/or venue), or
- ✓ Sponsoring a low-income family to attend?