



# BIORN CLUB

JULY 2025  
NEWSLETTER

Celebrating families with special needs kids!

Sign up now  
for July club  
gathering!

## WHAT PARENTS SAY

"I was glad to see my son showing genuine interest in feeding the tortoise, as he is normally indifferent and it is hard to get his attention. Both kids were happy!"

"The kids were happy and enjoyed all the activities. They even enjoyed the bus ride, and said it was fun!"

"Thank you Biorn Club for organising this educational outing. My son loves animals, so this outing was perfect for him. We loved the planting activity and animal feeding the most!"

# INCLUSIVE TAEKWONDO

*with Master James*

**SIBLINGS & FAMILY  
MEMBERS ARE WELCOMED**



- Taekwondo inspired fun games
- Taekwondo Dance
- Inclusive Taekwondo class trial session
- Specially designed for special needs children

13th July 2025

Sunday, 10am-12pm

Venue : Dewan Nibong,  
Taman Daya, Johor Bahru

Organised by



Taekwondo Master is registered with



Further enquiry

Whatsapp +60 11-2185 5778



# TRANSFORMING ANGER THROUGH ART

## Clay Workshop

Clay offers a powerful, hands-on approach to managing anger.

Use the healing properties of art to express what words often cannot.

Kneading, shaping, and molding clay transforms emotional turbulence into calm, focused energy.

### Workshop Highlights

- A therapeutic and creative outlet for emotional expression
- Open to everyone aged 12 and above, especially beneficial for teenagers with ADHD.
- Small, supportive group setting – limited to a maximum of 4 participants for personalized attention.

*Turn anger into Art.  
Heal through your hands*



Further enquiry  
Whatsapp +60 11-2185 5778



# SINAR ECO DAY TRIP

**June Report**

## **A Joy-Filled Day at Sinar Eco Park**

It was another beautiful morning for the Biorn Club community. We were all set for a special outing to Sinar Eco Park in Pekan Nanas—a trip we had all been looking forward to!

### **Singing Our Way to Adventure**

As the bus set out, voices filled the air with a cheerful rendition of “You Are My Sunshine”, led by a youth strumming the ukulele. The warm melody set the tone for a joyful day.



On the bus, the children took turns digging their little hands into a surprise box. If they correctly pulled out a specific item—they got to keep it! Cheers and giggles echoed through the bus as they took turns.

After a scenic bus ride through winding roads and palm plantations, we arrived at Sinar Eco Park.

### **Horsing Around**

We boarded a tractor that took us to the horse barn. The sight of the horses took everyone's breath away!

Many children couldn't wait to climb on and go for a ride. Their faces lit up with joy as they trotted along with the help of trained handlers.

But not everyone felt the same. Some were afraid to get close to the animals. Up close, the horses seemed huge, and the buzzing flies around the barn didn't help calm the kids' nerves!





A few kids decided to sit this one out, watching from a distance with wide eyes and cautious curiosity – and that was perfectly okay.

The best part? Even those who didn't ride got another chance to interact with the horses.

Under the gentle guidance of the horseman, they helped give the horses a shower—learning how to wash, dry, and brush their new four-legged friends. For many, this was a moment of wonder and courage.

### **Planting New Life**

Next came the planting activity, a calming and hands-on activity that everyone loved. Each child was given a cup with their name written on it. One by one, they soaked a fibre pod with a seed in water, and then carefully placed it into their cup.





The children loved scooping soil into their cups to make a comfy “bed” for the seed. Parents guided their children through each step, encouraging care and patience. It wasn’t just about planting a seed—it was about growing responsibility and hope.

### **Cool Treats**

After each activity, we returned to the cool comfort of the dining hall. And guess what? Everyone was treated to free ice cream, courtesy of Biorn Club. Children cheered and parents smiled, as the simple treat brought a wave of joy to all.



### **Lunchtime Surprise**

We refuelled with a yummy lunch of fried rice and soy sauce chicken. Suddenly, a few clowns burst into the dining hall, dancing between tables and making everyone laugh. They created balloon animals, handed out candies, and made the kids squeal with happiness. The quiet lunch turned into a mini party!



## **Animal Encounters**

The fun didn't stop there. Children got to see goats, cows, deers, birds, and fish. They tried to get the animals' attention—some even mimicked their sounds! Parents stayed close, encouraging their little ones to be brave and offer food to the animals.

## **Fun in the Sun!**

Back in the play area, the excitement continued. Children bounced on trampolines, splashed in the pool, cuddled cats, and even carried a 22kg turtle (with some team work!). Some chased chickens, while others found quiet joy feeding fish or watching birds.

Meanwhile, parents relaxed in the shade, chatting, smiling, and soaking in the beautiful sight of their children exploring freely, laughing loudly, and making new friends.



**Clearly, this had been more than just a field trip—it was a day of courage, connection, and discovery.**

# Coffee mornings

*Concerned about your children's growth & progress? Come schedule a chat with a certified therapist to air your concerns, and identify solutions for your children's & family well-being*

## What to expect ?

- session is conducted as a 1-1 session or as a small group of 2-4 persons.
- conducted by a certified therapist
- each session will be 30-45 minutes
- If you need more time, you can choose to book 2 sessions on the same day, depending on availability

Further enquiry

Whatsapp +60 11-2185 5778



**BIORN  
CLUB**



**P**

lay, relax, take a break and connect with other parents

**L**

laugh ! Share the joy...Laughter best medicine

**A**

ir it out ! Vent, cry, chat....and more

**y**

ou matter !

- \*Limited to 8 pax only
- \*Exclusive for parents who have joined our activities/programmes at least 2 times.
- \*Pay at your free will.





Here's our Biorn Club recipe for a fun holiday camp for teens!

- A dose of Art & Craft
- A dash of Life Skills
- Season with Physical Exercise
- Mix altogether and simmer for one whole day!
- Sprinkle liberally throughout with laughter, fun and friendship...



That pretty much sums up our inaugural School Holiday Day Camp. Be sure to join us next time!





Let's  
Move &  
Sing!

Join us  
now!

# MUSIC & MOVEMENT

- 12 sessions
- 50 mins per session
- Special needs children
- Interactive hands-on activities
- Boost self confidence and expression
- Improve rhythm, imitation skills, and social interaction
- Enhance physical coordination and body awareness



FURTHER ENQUIRY  
WHATSAPP +60 11-2185 5778





## **Music & Movement**

**Our Music & Movement class started on June 22, and is still open to new students!**

**Each session is filled with happy songs, fun movements, and a matching craft activity.**

**Besides enjoying a relaxing, stress-free time, participants get to improve their rhythm, imitation skills, and social interaction.**

**It's a great way to build confidence, express themselves, and boost physical coordination and body awareness — all while having fun!**



## Biorn Club:

**Where every child & parent feels valued and celebrated!**

- We are a supportive and inclusive community for **families with special needs.**
- We understand what it's like to live with loved ones with special needs. ***We are special too!***
- ***Our goal is*** to create a place where:
  - Every child feels loved
  - Every parent feels supported, and
  - Everyone finds a true sense of belonging.

**Considering being a sponsor?**

Contact Rachel  
(+60 11-2185-5778)  
for details, or scan  
QR code:



## Our Mission:

- ***To provide*** children with special needs a space where they truly belong, and
- ***To empower*** parents by sharing experiences, resources & encouragement.



## COME JOIN US as...

✓ **A Sponsor** ✓ **A Volunteer**

We are looking for sponsors (personal and corporate), so we can keep this monthly gathering affordable for all interested families.

Would you consider:

- ✓ Sponsoring a gathering (food and/or venue), or
- ✓ Sponsoring a low-income family to attend?