



BIORN CLUB

NOVEMBER 2025
NEWSLETTER

Celebrating families with special needs kids!

Sign up now
for Nov club
gathering!

What Parents Say

其实都很好，感觉时间太快结束而已😊

"It's so fun! My eldest recently likes badminton so it was great to let him play in a proper court, and my youngest was so happy play soccer with James Oppa"😊

"Thanks to Biorn Club for organising a sports themed event where every special needs kids is a superstar at their own sports. Looking forward to the next one!"

"My son Lucien said: 'I enjoyed defeating the goalie at futsal (sorry to Solomon), hanging out with best buddy WeiYu. and rescuing the millipede with Gabrielle and Arielle.'"



Let's bake together!



16 November 2025
Sunday | 10am-12.30pm
Love Fun Baking house
Johor Jaya

Limited to 40 pax only

SCAN QR TO
REGISTER



Further enquiries
WhatsApp +60 11-2185 5778





BIORN CHRISTMAS

An inclusive event for families with children of diverse abilities, focused on fun, connection, and community.

DECEMBER 2025

SUNDAY

07

10AM-1PM

Bora Bora event hall
Sunway Emerald Lakeside
Sunway Iskandar Puteri

Games | Crafts | Food | Connect | Gifts



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Christmas Theme "Recycled Runway"

Start brainstorming your ideas,
creativity, and innovations NOW!
Register by 15th November 2025

You can start working on your creation
after design approval

Individual,
Group or
Family
entry
accepted

Runway will happen during our
Christmas Event

7th December 2025 | Sunday
10am -12.30pm

Venue : Bora Bora event hall,
Sunway Emerald Lakeside, Sunway
Iskandar Puteri, Johor



To register your interest or enquire more
WhatsApp us at +60 11 2185 5770



Recycled Christmas Theme outfits
Handmade Accessories/Deco/Household items
made from recycled materials
Upcycling | Innovation | Creativity
Reduce ♻️ Reuse ♻️ Recycle ♻️



Seeking Sponsors for Biorn Club Christmas Celebration!

The festive season is just around the corner, and we're excited to celebrate Christmas together with our Biorn Club families!

This year, we're reaching out to our friends, partners, and kind supporters to join hands in bringing extra joy to our special needs children and their siblings. We're looking for sponsorships in the form of **cash, food, door gifts, prizes, or gift vouchers** to make this celebration even more meaningful.

Your contribution will help us create a warm and memorable Christmas experience — filled with laughter, love, and the spirit of giving. If you would like to contribute or learn more about sponsorship opportunities, please contact us. Together, let's make this Christmas a truly joyful one for our Biorn Club families!



SPORTS & ORAL CARE

October Report

Healthy Smiles, Sports & Movement

It's Biorn Sunday again! Early in the morning, everyone put on their sportswear, grabbed their gear, and headed to Dewan Muafakat Adda Heights for a fun-filled day of sports and laughter!

No rain could stop our children from joining this monthly activity. They arrived in bright sports outfits, holding badminton rackets, eager to start their games.



Warming up with music

To warm up, we began with our favourite songs — Waka Waka and YMCA! As the music played, the children followed the dance steps to the rhythm, swinging their bodies with big smiles on their faces. The joy and energy in the hall were simply contagious!

After the dance, the children freely explored the different sports stations prepared for them. With the help of parents and volunteers, they tried shooting basketballs into hoops, kicking footballs toward goals, and learning to play badminton. Some of the more experienced players even played as if they were in a real tournament — determined not to miss a single shot!



We also introduced a new game — Padminton! It's similar to badminton, but the racket looks more like a ping-pong paddle with a larger handle.



The children enjoyed learning to control their strength while hitting the shuttlecock and soon found themselves having a blast with this new sport.

For the younger ones, building blocks was the highlight of the day! With parents and caregivers by their side, each child received full attention, care, and love — simply being present together made every moment meaningful.



Say 'ahhh!'

Beyond spreading love and joy, we also cared for their oral health! After a short briefing from the dental team, the children took turns for their checkups.

Big applause to those who bravely opened their mouths wide and completed the screening calmly! A special thumbs-up to those who felt nervous but still gave it a try — your courage is truly inspiring!



A Special Thank You

A heartfelt thanks to the team members from EM2 who travelled from different cities to make their way to Biorn Club. Their warm support and dedication made it possible to provide dental screenings for our special needs families.

Of course, we're deeply grateful to the patient and caring dentists who took the

time to explain each step gently, ensuring every child felt safe and supported.

Special thanks to Q&M Dental Group (S) for their sponsorship of a toothbrush for every child. Bravo to all!

We are truly thankful to have such a spacious and clean hall for our activities. Special thanks to Mr. Yu Jeat Xiong, Ahli Majlis Zon Austin Duta (Local Council Member of Austin Duta Zone), for generously sponsoring the use of the hall at Adda Heights, JB. We also appreciate his presence and the strong support from his team for our special needs families.

Together, we make every Biorn Sunday a celebration of inclusion, courage, and joy!





WEEKDAY RESPIRE CARE & Academic guidance



WEEKEND RESPIRE CARE hang-out | playdate



Empowering & Enriching special needs families.

What do we do ?

- 1-1 customised academic guidance
- English, BM, Maths, Science
- Pre- school, Primary, Secondary
- Reading, writing & Speech
- 1 hour per session
- Weekdays
- Morning & Evening time slot

EVERY CHILD LEARNS IN THEIR OWN UNIQUE WAY

ENQUIRE NOW!

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old

Empowering & Enriching special needs families.

What do we do ?

- Fun engaging activities
- Interactive games
- Sensory activities
- Encourage social interactions
- 2 hours , small group of 2-5 pax
- Fridays, Saturdays , Sundays

CONNECT & BUILD FRIENDSHIP

ENQUIRE NOW!

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old

Introducing Respite Care on Weekdays & Weekends!

We understand that Special Needs Families need lots of support ❤️

For this reason, Biorn Club is introducing:

- Respite Care on Weekdays (with academic guidance) and
- Respite Care on Weekends (with fun engaging activities) — all to provide help, support, joy and growth to our special needs families.

Run by experienced hands who are familiar with the school curriculum, these sessions will ensure your child gets the guidance they require, while you get the support you need to keep your family going.

Contact us to find out more, and let Biorn Club support your family in this coming year!



Biorn Club Merchandise

Let's wear love in action 

Biorn Club is raising funds to furnish our therapy space, provide essential utensils, and support ongoing therapy programs and activities — all to bring comfort, growth, and joy to our special needs families.

This month, we're offering a special Cap and Pin Set — symbols of love, inclusion, and community. By wearing them, you're helping us build a nurturing space where everyone belongs.

Each set includes 1 Cap + 1 Pin:

- 1 set: RM 49.90
- 2 sets: RM 89.90
- 3 sets: RM 139.90

Every purchase or contribution helps us take another step toward a better-equipped, more inclusive environment for our families.

Fill up the order form or contact Rachel to order or contribute.



LET'S MOVE

MORNING WORKOUT

Once a week
Wednesdays
10.30am - 11.30am
Biorn clubhouse

For parents
Special needs adults

*** FREE ***



JOIN NOW



Further enquiries | WhatsApp +60 11-2185 5778

Building Emotional Resilience

BUILDING BOUNDARIES AGAINST BULLYING

How to calm emotions?
How to protect personal boundaries?
Stand with confidence against
bullying .

Once a week
1.5 - 2 hours per session
5 lessons to complete
Individual coaching



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Sandplay Therapy

Healing beyond words

- For children and adults
- Safe, non-verbal expression
- Helps with trauma, anxiety, grief & more
- Supports emotional healing & self-growth



A gentle, creative therapy using sand, miniatures, and imagination to explore emotions that words cannot reach.

*Let your inner world speak
- one scene at a time.*



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TRANSFORMING ANGER THROUGH ART

Clay Workshop

Clay offers a powerful, hands-on approach to managing anger.

Use the healing properties of art to express what words often cannot.

Kneading, shaping, and molding clay transforms emotional turbulence into calm, focused energy.

Workshop Highlights

- A therapeutic and creative outlet for emotional expression
- Open to everyone aged 12 and above, especially beneficial for teenagers with ADHD.
- Small, supportive group setting - limited to a maximum of 4 participants for personalized attention.

*Turn anger into Art.
Heal through your hands*



Further enquiry
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In our last newsletter, we shared how Clement, a high-functioning autistic young adult, completed 10 sessions of our Personal Development Program—and discovered his talent in baking!

Thank you for continuing to support Clement's journey by ordering his bakes — your encouragement keeps him smiling (and baking) with joy!

Stay tuned for Clement's next batch of bakes - Christmas cookies!!

The Muffins that Made Everyone Smile

This is the story of Clement's baking journey this month! His homemade creations have brought joy and connection to our community. Over the past few weeks, we've shared a variety of treats from Clement's kitchen: Banana Cakes, Carrot Cake Muffins, Oatmeal Muffins with Cranberries and Walnuts, and Chocolate Chip Cookie Bars.

The response has been heartwarming, with many supportive friends and clients placing their orders and sending in kind words. Each message means so much — they remind us that every bake is more than a recipe; it's a story of learning, confidence, and love shared through simple homemade goodness.

At Biorn Club, we believe in nurturing growth through community and meaningful experiences.

Here's what some of you said:

"This morning I ate the muffin for breakfast (yesterday I already ate one 🤤). Even after a day, the texture was still the same! My two boys had the choc chip bars instead — they ate them so fast I couldn't even record it! 🤪 So I suppose they loved it 🤝"

"Tea time is extra special today! The cranberry-raisin-oat muffins are delicious! I like the sugar-free ones best! The choc chip oat bars are out of this world. You gotta try, then you'll know why 😊 Shared with 3 generations in my family today — the grands love them best!"

"Just want to send a shoutout that we absolutely loved Clement's muffin!!"

"Thank you, Clement 😊
Delicious as always!"

"My boys licked clean the container!"

"It's slightly moist and delicious!"

"Thank you for the delicious banana cake!"



BAKING CLASS



Personal coaching
Explore baking as
a vocational skill

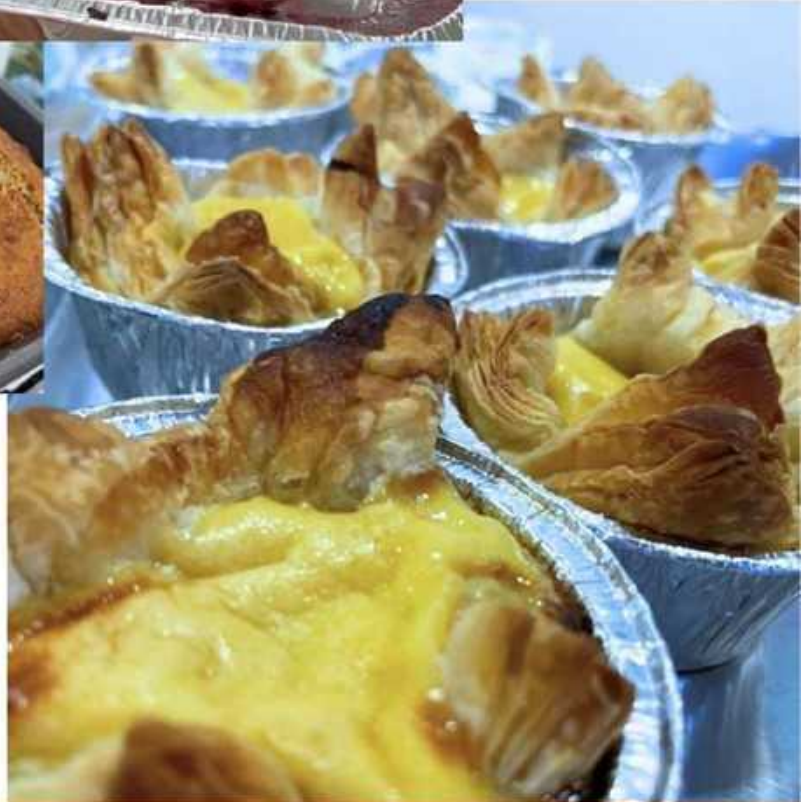


DIY Baking
a cake
cookies
egg tarts
cupcakes

develop
hands-on
skills



improve communication,
confidence &
independence



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Inclusive Taekwondo

- we welcome all special needs children aged 6-18 years old
- siblings who are non-special needs are welcome to join too.



Training venue :
Biorn Clubhouse,
Sunway Citrine Hub, Johor Bahru.
Training time :
1 session per week
**purchase of taekwondo uniform is
required.*



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Biorn Club:

Where every child & parent feels valued and celebrated!

- We are a supportive and inclusive community for **families with special needs.**
- We understand what it's like to live with loved ones with special needs. ***We are special too!***
- ***Our goal is*** to create a place where:
 - Every child feels loved
 - Every parent feels supported, and
 - Everyone finds a true sense of belonging.

Considering being a sponsor?

Contact Rachel
(+60 11-2185-5778)
for details, or scan
QR code:



Our Mission:

- ***To provide*** children with special needs a space where they truly belong, and
- ***To empower*** parents by sharing experiences, resources & encouragement.



COME JOIN US as a...

✓ **A Sponsor**

✓ **A Volunteer**

We are looking for sponsors (personal and corporate), so we can keep this monthly gathering affordable for all interested families.

Would you consider:

- ✓ Sponsoring a gathering (food and/or venue), or
- ✓ Sponsoring a low-income family to attend?