



BIORN CLUB

APRIL 2026
NEWSLETTER

Celebrating families with special needs kids!

Sign up now
for April club
gathering!

Parents' Feedback on our Personal Development Program *(more details on next page)*

"We have observed
remarkable progress
in our son Clement.

> He has grown into a
**more focused and
attentive** individual,
showing the ability to
listen carefully and
respond when
questioned.

> He is now **more
open to changes**,
willing to accept
correction with a
positive attitude, and
increasingly confident
in himself.

> He has also become
more willing to lend a
hand when asked,
showing kindness and
responsibility in his
interactions.

> His cheerful attitude
has made him a
happier person
overall.

We are encouraged by
how responsive and
engaged he has
become with those
around him!"

FAMILY SPORTS DAY 2026

Sunday, 12 April 2026 | 10:00 AM ~ 12:00 PM | Dewan Muafakat, Taman Adda Heights
[Google Maps](#)

Programme Highlights

- Fitness Exercise
- Badminton
- Basketball Games
- Connect with Other Families

SCAN QR TO REGISTER

BIORN CLUB

Further enquiries
WhatsApp +60 11-2185 5778



Introducing our 1-to-1 Personal Development Programme: A personalised program to develop your strengths and optimise your growth & independence!

We assess neurodivergent children and adults and develop a personalised plan to help them learn, grow, and thrive. Then the plan is carried out across 10 customised sessions:

- Build communication & social skills
- Develop independence & daily living skills
- Strengthen emotional regulation & confidence
- Discover talents, creativity & interests
- Grow at their own pace—feeling valued, confident, and capable.

More than a program, it's a journey to becoming confident, independent individuals ready to embrace life!

*For enquiries, please contact
Rachel @ +60 11-2185 5778.*

POP UP STORE



On 6-8 March, Biorn Club participated in a 3-day Weekend Bazaar by Craft & Charm at the Mall of Medini.

At our booth, a variety of items were available for sale, including our homemade muffins, handmade crochet flowers, succulent plants, Biorn Club merchandise, and special artwork by our talented special needs artist, Clement. Each piece carried its own story, and reflected the creativity and heart of our community.

We also curated interactive activities for children, such as clay art, drawing and colouring, and sand play.



Among these, sand play quickly became the most popular activity. Once the children engaged with the sand, they began to create their own stories through imagination and creativity. We witnessed children who arrived feeling upset or withdrawn but gradually become calm, joyful, and relaxed. This reminded us of the simple yet powerful impact of sensory play.

This first pop-up store was more than just an event—it was a step forward in building awareness and reaching out to the public, while creating a space where creativity and community come together. Many visitors took time to learn more about Biorn Club and our services. These conversations opened doors for future connections and outreach.

We were so encouraged by the support of friends! Thanks to our adult volunteers and Biorn Club members who contributed their time, effort, and dedication!

Heartfelt thanks to Celine from Craft and Charm for inviting us, and to her team for their kind assistance!

We look forward to more opportunities like this, to connect and build a community where everyone feels seen, valued, and included!





March Report

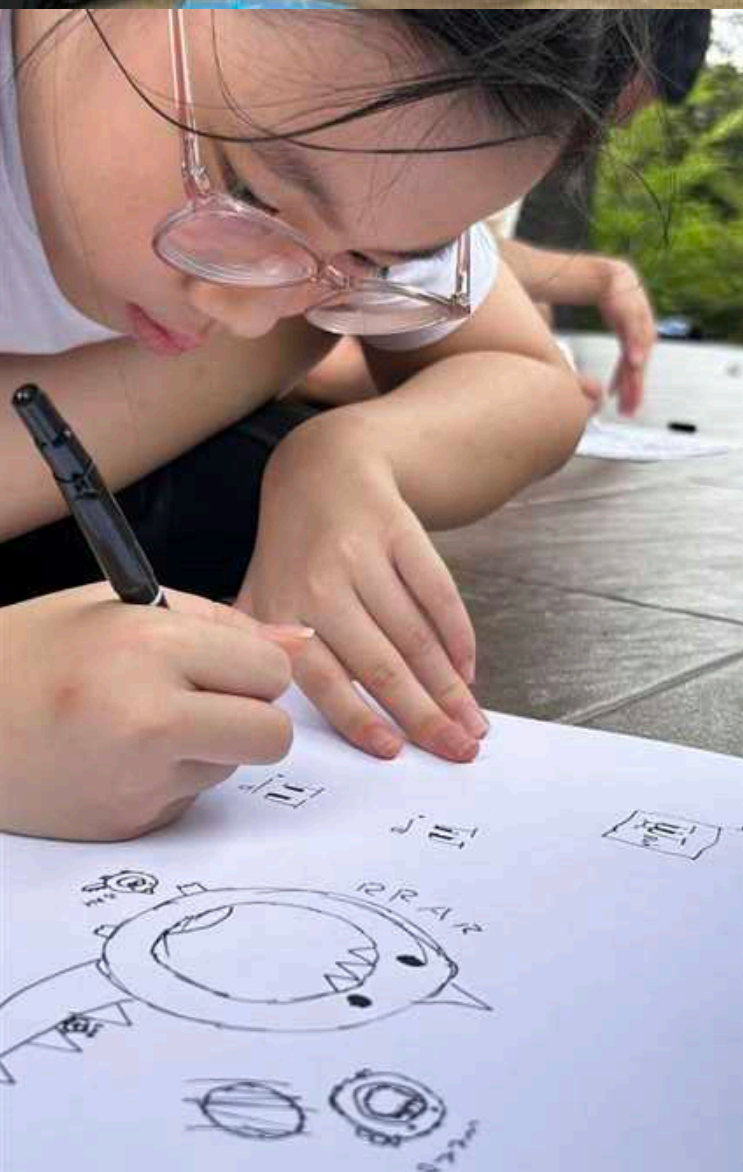


Family Day Out!

The recent warm weather did not stop our Biorn Club community from coming to our March Club Gathering at TMIYC Hutan Bandar.

Even before the official start of the event, the energy was already high. Some participants eagerly began clocking in their daily 10,000 steps, while others enjoyed the playground as they waited for friends to arrive.

We were blessed by Ms. Loo, our dedicated volunteer, who led us in a 15-minute warm-up exercise. The enthusiasm of the youth was contagious as they eagerly stepped forward to co-lead beside her.



Drawing their world

Next up was a live drawing session. The children were invited to draw what they had observed on their way to the centre stage—an exercise that tested both their observation skills and imagination.

To our delight, their drawings reflected remarkable attention to detail. Many were even able to point out exactly where they had spotted the things they drew, showcasing not only their creativity, but also keen awareness of their surroundings.

As the programme continued, we gave the group the liberty to split into different activities and pursue their own interests.

The energetic teens eagerly engaged in ball games, while others explored the playground and obstacle courses. Despite the different choices, one thing was clear—everyone was having a great time!.



Up Close with Nature

We later made our way to the lake, where the children had the opportunity to feed the tortoises and fish. It was a delightful sight to watch them gather as food was gently tossed into the water.

Along the banks, we noticed other reptiles and birds resting nearby, turning this into a meaningful moment to appreciate nature up close.

Afterwards, we gathered at a hut for a short rest and prepared ourselves for the rock climbing activity—only to find out that the section was closed!





Dealing with disappointment

Despite the disappointment (something we all have to learn to cope with in life!), spirits were quickly lifted as we headed to our favourite fast food restaurant for lunch —a simple yet joyful ending that more than made up for it.

Along the way, we learnt that meaningful experiences do not always require elaborate plans —*sometimes, all it takes is being present together.*

After all, what actually mattered more than the activities were the moments shared together and the memories made together.

Come be part of a community that celebrates connection, inclusion, and the simple joys of life!


Looking for a sweet treat?




Planning a home party, gathering, or special event? Let us make it extra sweet with our customised cupcakes!

Biorn Club recently prepared 100 colourful and delicious cupcakes for a children's party — and they were a hit!

The children loved every bite, and we were so happy to be part of their celebration.

 Orders must be placed at least 10 days before your event.

 Contact Rachel at +60 11-2185 5778 for enquiries.



Biorn Club Official Website is LIVE!



Visit biornclub.com today!



Welcome to BiornClub!

We are a supportive and inclusive community for families with special needs.

We understand what it's like to live with loved ones with special needs.

We are special too!

With our new website, your journey with Biorn Club just got even easier and more exciting!

Go online and explore our programs, events, resources, and inspiring stories.

Enjoy Biorn Club?

🌟 **Become an Official CLUB MEMBER!** 🌟

We're excited to introduce the Biorn **Official Club Membership!**

Join the monthly Biorn Club gathering for 3 consecutive times to get FREE membership!

- Enjoy *some* free activities
- Get special discounts on Biorn Club programs
- Get your very own Biorn Club Member digital card
- Sign up now and be part of a fun, supportive, and growing community where **everyone matters!**



Scan QR code to find out how to be an official Club Member — for FREE!





WEEKDAY RESPITE CARE & Academic guidance



Empowering & Enriching special needs families.

What do we do ?

- 1-1 customised academic guidance
- English, BM, Maths, Science
- Pre- school, Primary, Secondary
- Reading, writing & Speech
- 1 hour per session
- Weekdays
- Morning & Evening time slot

EVERY CHILD LEARNS IN THEIR OWN UNIQUE WAY

[ENQUIRE NOW!](#)

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old

WEEKEND RESPITE CARE hang-out | playdate



Empowering & Enriching special needs families.

What do we do ?

- Fun engaging activities
- Interactive games
- Sensory activities
- Encourage social interactions
- 2 hours , small group of 2-5 pax
- Fridays, Saturdays, Sundays

CONNECT & BUILD FRIENDSHIP

[ENQUIRE NOW!](#)

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old

Introducing Respite Care on Weekdays & Weekends!

We understand that Special Needs Families need lots of support

For this reason, Biorn Club is introducing:

- **Respite Care on Weekdays** (with academic guidance) and
- **Respite Care on Weekends** (with fun engaging activities) — all to provide help, support, joy and growth to our special needs families.

Run by experienced hands who are familiar with the school curriculum, these sessions will ensure your child gets the guidance they require, while you get the support you need to keep your family going.

Contact us to find out more, and let Biorn Club support your family in this coming year!

Inclusive Taekwondo

- we welcome all special needs children aged 6-18 years old
- siblings who are non-special needs are welcome to join too.



Training venue :
Biorn Clubhouse,
Sunway Citrine Hub, Johor Bahru.

Training time :
1 session per week

*purchase of taekwondo uniform is required.



Further enquiries
WhatsApp +60 11-2185 5778



Building Emotional Resilience

BUILDING BOUNDARIES AGAINST BULLYING

How to calm emotions?
How to protect personal boundaries?
Stand with confidence against bullying .

Once a week
1.5 - 2 hours per session
5 lessons to complete
Individual coaching



Further enquiries | WhatsApp +60 11-2185 5778

Sandplay Therapy

Healing beyond words

- ✦ For children and adults
- ✦ Safe, non-verbal expression
- ✦ Helps with trauma, anxiety, grief & more
- ✦ Supports emotional healing & self-growth



A gentle, creative therapy using sand, miniatures, and imagination to explore emotions that words cannot reach.

*Let your inner world speak
- one scene at a time.*



Further enquiries
WhatsApp +60 11-2185 5778



TRANSFORMING ANGER THROUGH ART

Clay Workshop

Clay offers a powerful, hands-on approach to managing anger.

Use the healing properties of art to express what words often cannot.

Kneading, shaping, and molding clay transforms emotional turbulence into calm, focused energy.

Workshop Highlights

- A therapeutic and creative outlet for emotional expression
- Open to everyone aged 12 and above, especially beneficial for teenagers with ADHD.
- Small, supportive group setting - limited to a maximum of 4 participants for personalized attention.

*Turn anger into Art.
Heal through your hands*



Further enquiry
Whatsapp +60 11-2185 5778



Biorn Club:

Where every child & parent feels valued and celebrated!

- We are a supportive and inclusive community for families with special needs.
- We understand what it's like to live with loved ones with special needs. ***We are special too!***
- ***Our goal is*** to create a place where:
 - Every child feels loved
 - Every parent feels supported, and
 - Everyone finds a true sense of belonging.

Considering being a sponsor?

Contact Rachel (+60 11-2185-5778) for details, or scan QR code:



Our Mission:

- ***To provide*** children with special needs a space where they truly belong, and
- ***To empower*** parents by sharing experiences, resources & encouragement.



COME JOIN US as a...

✓ **A Sponsor**

✓ **A Volunteer**

We are looking for sponsors (personal and corporate), so we can keep this monthly gathering affordable for all interested families.

Would you consider:

- ✓ Sponsoring a gathering (food and/or venue), or
- ✓ Sponsoring a low-income family to attend?