



# BIORN CLUB

August 2026  
NEWSLETTER

Celebrating families with special needs kids!

**Sign up now  
for Aug club  
gathering!**

## Events

**Pizza-Making**  
Aug 16, Sunday

**Music Together**  
Sept 20, Sunday

## Programmes

**Creative  
Expression**

- Art Sessions  
(Children)

- Art & Relax  
Sessions  
(Adults)

**Baking Class**

**Building  
Boundaries  
Against Bullying**

**1-to-1 Personal  
Development  
Program**

**Inclusive  
Taekwondo**

**Respite Care  
(Weekday/Weekend)**

**+ Order our  
yummy Cupcakes  
for your family or  
for events!**



BIORN  
CLUB

# PIZZA PIZZA

**Create your own pizza!**



**PiZZa**

pasta • burger • salad

RESTAURANT  
LEVEL 1, SUNWAY CITRINE HUB

**16th August 2026  
Sunday**

**9.30am-11.30am**

**GET YOUR SLICE!**



FURTHER ENQUIRIES  
WHATSAPP +60 11-2185 5778

# Music TOGETHER



## Emotions & Self Esteem

with

Ms Ivy Tan



life  
tunes

MUSIC THERAPY

Explore emotions and build self-esteem through music – a shared session for parents and children, led by a board-certified music therapist.



20th September 2026, Sunday

Session 1: 10am - 11am

Session 2: 12pm - 1pm



Biorn Clubhouse, Level 5-27,  
Sunway Citrine Hub, Sunway  
Iskandar Puteri, JB



Further enquiries ~ WhatsApp +60 11-2185 5778



## July Report



After weeks of hot and humid weather, the children of Biorn Club were eagerly counting down to our long-awaited pool party.

Some were already waiting at the car park before the pool opened. The moment the gates were unlocked, the children made their way to the warm-up pool. At 1.3 metres deep, the cool water offered the perfect escape from the heat.

Of course, nobody came empty-handed! They came with all their gear — water guns, floats, beach balls, kicking boards and toys — all ready for a morning of fun and laughter.



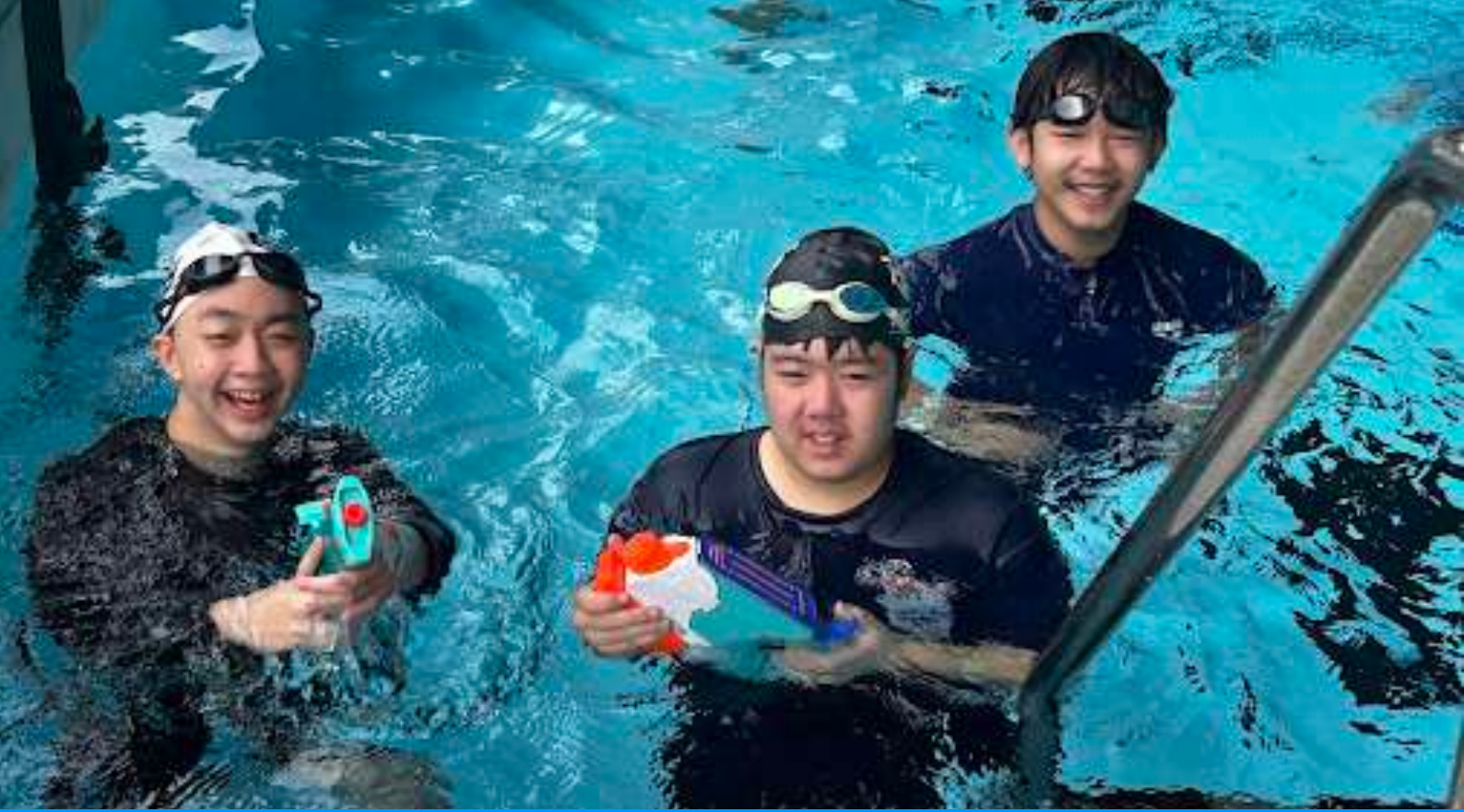
## Making a splash



It was wonderful to see how much our children enjoyed themselves! Immersed in the water, they were free from the limits of being on land— free to be themselves, releasing both their physical and emotional energy.

Exercising their imagination, they invented their own games, swam away from 'sharks', and engaged in exciting water-gun battles.

Our youngest participants turned out to be the most energetic swimmers of all. Like little otters, they moved confidently in and out of the water, accompanied by their parents, whose encouragement helped build both confidence and enjoyment.



## Moments to savour

Parents watched proudly as their children swam, played and laughed with one another. Seeing their children so happy brought them joy and relief as well.

It was a brief respite, a moment of savouring how far their children had come — a truly precious thing to witness.

And what comes after swimming? Recharging, of course, at none other than the children's favourite destination: McDonald's!

## Golden moments



Every child received a McDonald's voucher from Biorn Club, so they could savour their favourite 'golden arches' meal, while spending some golden moments connecting with friends.

As the program came to an end, everyone left with joyful hearts and satisfied stomachs. We all wished the fun could continue a little longer! But this is certainly not the end. We look forward to coming together again soon, for more laughter, friendship and unforgettable moments!





# Creative Expression Program

Art Sessions for Children (Including Special Needs)



Express Emotions through Art



Build Confidence



Explore Creativity at Their Own Pace



4 Sessions Small group program



Limited Slots • All Abilities Welcome



Biorn Clubhouse  
5-27, Sunway Citrine Hub



11am to 12pm / 1:30pm to 2:30pm

Alternative personal session is available. T&C applies.



## Special for Parents

### Art & Relax Session

A gentle space for parents to unwind & recharge through art.



Let's create, express & grow together!

Because every heart has a story, and every story deserves to be seen.



Further enquiry, WhatsApp : 011-2185 5778



## WEEKDAY RESPITE CARE & Academic guidance



Empowering & Enriching special needs families.

### What do we do ?

- 1-1 customised academic guidance
- English, BM, Maths, Science
- Pre- school, Primary, Secondary
- Reading, writing & Speech
- 1 hour per session
- Weekdays
- Morning & Evening time slot

EVERY CHILD LEARNS IN THEIR OWN UNIQUE WAY

**ENQUIRE NOW!**

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old

## WEEKEND RESPITE CARE hang-out | playdate



Empowering & Enriching special needs families.

### What do we do ?

- Fun engaging activities
- Interactive games
- Sensory activities
- Encourage social interactions
- 2 hours , small group of 2-5 pax
- Fridays, Saturdays , Sundays

CONNECT & BUILD FRIENDSHIP

**ENQUIRE NOW!**

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old

## Introducing Respite Care on Weekdays & Weekends!

We understand that Special Needs Families need lots of support ❤️

For this reason, Biorn Club is introducing:

- **Respite Care on Weekdays** (with academic guidance) and
- **Respite Care on Weekends** (with fun engaging activities) — all to provide help, support, joy and growth to our special needs families.

Run by experienced hands who are familiar with the school curriculum, these sessions will ensure your child gets the guidance they require, while you get the support you need to keep your family going.

Contact us to find out more, and let Biorn Club support your family in this coming year!



## **Introducing our 1-to-1 Personal Development Programme: A personalised program to develop your strengths and optimise your growth & independence!**

We assess neurodivergent children and adults and develop a personalised plan to help them learn, grow, and thrive. Then the plan is carried out across 10 customised sessions:

- Build communication & social skills
- Develop independence & daily living skills
- Strengthen emotional regulation & confidence
- Discover talents, creativity & interests
- Grow at their own pace—feeling valued, confident, and capable.

More than a program, it's a journey to becoming confident, independent individuals ready to embrace life!

*For enquiries, please contact  
Rachel @ +60 11-2185 5778.*

# Looking for a sweet treat? 🧁



**Planning a home party, gathering, or special event? Let us make it extra sweet with our customised cupcakes!**

Biorn Club recently prepared 100 colourful and delicious cupcakes for a children's party — and they were a hit!

The children loved every bite, and we were so happy to be part of their celebration.

 Orders must be placed at least 10 days before your event.

 Contact Rachel at +60 11-2185 5778 for enquiries.



# Inclusive Taekwondo

- we welcome all special needs children aged 6-18 years old
- siblings who are non-special needs are welcome to join too.



**Training venue :**  
Biorn Clubhouse,  
Sunway Citrine Hub, Johor Bahru.  
**Training time :**  
1 session per week  
\*purchase of taekwondo uniform is required.



Further enquiries  
WhatsApp +60 11-2185 5778



# Sandplay Therapy

*Healing beyond words*

- ★ For children and adults
- ★ Safe, non-verbal expression
- ★ Helps with trauma, anxiety, grief & more
- ★ Supports emotional healing & self-growth



A gentle, creative therapy using sand, miniatures, and imagination to explore emotions that words cannot reach.

*Let your inner world speak  
- one scene at a time.*



Further enquiries  
WhatsApp +60 11-2185 5778

# Building Emotional Resilience

## BUILDING BOUNDARIES AGAINST BULLYING

How to calm emotions?  
How to protect personal boundaries?  
Stand with confidence against bullying.

Once a week  
1.5 - 2 hours per session  
5 lessons to complete  
Individual coaching



Further enquiries | WhatsApp +60 11-2185 5778



# TRANSFORMING ANGER THROUGH ART

## Clay Workshop

Clay offers a powerful, hands-on approach to managing anger.

Use the healing properties of art to express what words often cannot.

Kneading, shaping, and molding clay transforms emotional turbulence into calm, focused energy.

### Workshop Highlights

- A therapeutic and creative outlet for emotional expression
- Open to everyone aged 12 and above, especially beneficial for teenagers with ADHD.
- Small, supportive group setting - limited to a maximum of 4 participants for personalized attention.

*Turn anger into Art.  
Heal through your hands*



Further enquiry.  
WhatsApp +60 11-2185 5778

**Biorn Club Official Website is LIVE!** 🎉  
**Visit [biornclub.com](https://biornclub.com) today!** 🌐

## Welcome to BiornClub!

We are a supportive and inclusive community for families with special needs.

We understand what it's like to live with loved ones with special needs.

We are special too!

**With our new website, your journey with Biorn Club just got even easier and more exciting!**

**Go online and explore our programs, events, resources, and inspiring stories.**

### Enjoy Biorn Club?

✨ **Become an Official CLUB MEMBER!** ✨

We're excited to introduce the Biorn **Official Club Membership!**

Join the monthly Biorn Club gathering for 3 consecutive times to get **FREE** membership!

- Enjoy *\*some\** free activities
- Get special discounts on Biorn Club programs
- Get your very own Biorn Club Member digital card
- Sign up now and be part of a fun, supportive, and growing community where ***everyone matters!***



Scan QR code to find out how to be an official Club Member — for FREE!





## Biorn Club:

**Where every child & parent feels valued and celebrated!**

- We are a supportive and inclusive community for **families with special needs.**
- We understand what it's like to live with loved ones with special needs. ***We are special too!***
- ***Our goal is*** to create a place where:
  - Every child feels loved
  - Every parent feels supported, and
  - Everyone finds a true sense of belonging.

**Considering being a sponsor?**

Contact Rachel  
(+60 11-2185-5778)  
for details, or  
scan QR code:



## Our Mission:

- ***To provide*** children with special needs a space where they truly belong, and
- ***To empower*** parents by sharing experiences, resources & encouragement.



**COME JOIN US as a...**

✓ **A Sponsor**

✓ **A Volunteer**

We are looking for sponsors (personal and corporate), so we can keep this monthly gathering affordable for all interested families.

Would you consider:

- ✓ Sponsoring a gathering (food and/or venue), or
- ✓ Sponsoring a low-income family to attend?