



BIORN CLUB

July 2026
NEWSLETTER

Celebrating families with special needs kids!

**Sign up now
for July club
gathering!**

Events

July Pool Party

July 12, Sunday

Aug Pizza-Making

Aug 16, Sunday

Programmes

**Creative
Expression**

[starts in July!]

- Art Sessions (Children)
- Art & Relax Sessions (Adults)

Baking Class

**Building
Boundaries
Against Bullying**

**1-to-1 Personal
Development
Program**

**Inclusive
Taekwondo**

**Respite Care
(Weekday/Weekend)**

**+ Order our
yummy Cupcakes
for your family or
for events!**

BIORN CLUB

POOL Party

FREE ENTRY

SUNDAY 12 JULY 2026
10am-12pm

Pusat Akuatik MBBB Arena Larkin
Taman Dato Onn Jaafar, JB

SCAN QR TO REGISTER

Further enquiries WhatsApp +60 11-2185 5778

*Terms & Conditions apply



Starts
in
JULY!

Creative Expression Program

Art Sessions for Children (Including Special Needs)



Express Emotions through Art



Build Confidence



Explore Creativity at Their Own Pace



4 Sessions Small group program
4th, 11th, 18th & 25th July 2026



Limited Slots • All Abilities Welcome



Biorn Clubhouse
5-27, Sunway Citrine Hub



11am to 12pm / 1:30pm to 2:30pm

Alternative personal session is available. T&C applies.



Special for Parents

Art & Relax Session

A gentle space for parents to unwind & recharge through art.



Let's create, express & grow together!

Because every heart has a story, and every story deserves to be seen.



Further enquiry, WhatsApp : 011-2185 5778

BBQ night

Fun, Food & Friendship!



June Report



What comes to mind when you hear 'BBQ Night'?

A hot grill with glowing flames? The aroma of food being slow-cooked over fire? A relaxed evening of easy banter and laughter?

Our Biorn Club June Gathering at Bora Bora was all this and more — an evening filled with friendship, fun, and yummy food.

Before the feast, we kicked off the event with some warm-up exercises and dance movements. After all, it is always a good idea to burn off some energy before indulging in a yummy dinner!



Warming up

As a prelude to the actual BBQ experience, our volunteers created a make-believe BBQ pit using colourful paper flames. The children were invited to choose their 'ingredients' and attach the food cards to their arms and legs.

A wide variety of food cards was available, including vegetables, seafood, fish balls, and different types of meat. But the children showed a clear preference — they chose the meat options and ignored everything else! The meat dishes are clearly the winners.

Parents and siblings enthusiastically joined the exercises and games alongside the children, creating a lively atmosphere.

After the games, it was time for the real food — dinner! For safety reasons, the Bora Bora staff prepare the main dishes, which included seafood pasta and french fries.





A hands-on experience

The highlight of the evening was still to come — gathering around the BBQ pit to cook their very own marshmallows, sausages and corn cobs over the fire.

Many were fascinated by the BBQ process. They eagerly watched their marshmallows turn golden brown and wondered if it was finally ready. Some asked how to tell if the food was cooked, while others patiently observed the changes in colour and texture.

It became a great hands-on learning experience as they discovered that good food sometimes requires patience!

Of course, not every marshmallow turned out perfectly. Some melted away, while a few sausages ended up slightly burnt. But those little mishaps only added to the fun! Everyone enjoyed being hands-on with their BBQ treats — whether perfectly toasted or a little overcooked.





The warmth of our community!

Standing around the pit gave everyone a feel of what a BBQ is like. The warmth of the fire could certainly be felt, especially on a humid evening.

Parents and volunteers stood by the fire, helping the participants hold the skewers sticks safely, and to turn the marshmallows and sausages carefully. Their patient guidance allowed the children to enjoy the experience while learning important safety skills, creating a joyful and meaningful experience for all!



The event was a wonderful opportunity for our special needs community to connect and create precious memories together. In fact, we were so engrossed in having a good time that we forgot to take a group photo! But these smiles say it all: Everyone had a chance to be part of something special!



PIZZA PIZZA

Create your own pizza!



PiZZa

pasta • burger • salad

RESTAURANT
LEVEL 1, SUNWAY CITRINE HUB

16th August 2026
Sunday
9.30am-11.30am

GET YOUR SLICE!



FURTHER ENQUIRIES
WHATSAPP +60 11-2185 5778



WEEKDAY RESPITE CARE & Academic guidance



Empowering & Enriching special needs families.

What do we do ?

- 1-1 customised academic guidance
- English, BM, Maths, Science
- Pre- school, Primary, Secondary
- Reading, writing & Speech
- 1 hour per session
- Weekdays
- Morning & Evening time slot

EVERY CHILD LEARNS IN THEIR OWN UNIQUE WAY

ENQUIRE NOW!

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old



WEEKEND RESPITE CARE hang-out | playdate



Empowering & Enriching special needs families.

What do we do ?

- Fun engaging activities
- Interactive games
- Sensory activities
- Encourage social interactions
- 2 hours, small group of 2-5 pax
- Fridays, Saturdays, Sundays

CONNECT & BUILD FRIENDSHIP

ENQUIRE NOW!

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old

Introducing Respite Care on Weekdays & Weekends!

We understand that Special Needs Families need lots of support ❤️

For this reason, Biorn Club is introducing:

- **Respite Care on Weekdays** (with academic guidance) and
- **Respite Care on Weekends** (with fun engaging activities) — all to provide help, support, joy and growth to our special needs families.

Run by experienced hands who are familiar with the school curriculum, these sessions will ensure your child gets the guidance they require, while you get the support you need to keep your family going.

Contact us to find out more, and let Biorn Club support your family in this coming year!



Introducing our 1-to-1 Personal Development Programme: A personalised program to develop your strengths and optimise your growth & independence!

We assess neurodivergent children and adults and develop a personalised plan to help them learn, grow, and thrive. Then the plan is carried out across 10 customised sessions:

- Build communication & social skills
- Develop independence & daily living skills
- Strengthen emotional regulation & confidence
- Discover talents, creativity & interests
- Grow at their own pace—feeling valued, confident, and capable.

More than a program, it's a journey to becoming confident, independent individuals ready to embrace life!

*For enquiries, please contact
Rachel @ +60 11-2185 5778.*

Looking for a sweet treat?



Planning a home party, gathering, or special event? Let us make it extra sweet with our customised cupcakes!

Biorn Club recently prepared 100 colourful and delicious cupcakes for a children's party — and they were a hit!

The children loved every bite, and we were so happy to be part of their celebration.

 **17** Orders must be placed at least 10 days before your event.

 Contact Rachel at +60 11-2185 5778 for enquiries.



Inclusive Taekwondo

- we welcome all special needs children aged 6-18 years old
- siblings who are non-special needs are welcome to join too.



Training venue :
Biorn Clubhouse,
Sunway Citrine Hub, Johor Bahru.
Training time :
1 session per week
*purchase of taekwondo uniform is required.



Further enquiries
WhatsApp +60 11-2185 5778



Building Emotional Resilience

BUILDING BOUNDARIES AGAINST BULLYING

How to calm emotions?
How to protect personal boundaries?
Stand with confidence against bullying.

Once a week
1.5 - 2 hours per session
5 lessons to complete
Individual coaching



Further enquiries | WhatsApp +60 11-2185 5778



Sandplay Therapy

Healing beyond words

- ★ For children and adults
- ★ Safe, non-verbal expression
- ★ Helps with trauma, anxiety, grief & more
- ★ Supports emotional healing & self-growth



A gentle, creative therapy using sand, miniatures, and imagination to explore emotions that words cannot reach.

*Let your inner world speak
- one scene at a time.*



Further enquiries
WhatsApp +60 11-2185 5778




TRANSFORMING ANGER THROUGH ART

Clay Workshop

Clay offers a powerful, hands-on approach to managing anger.

Use the healing properties of art to express what words often cannot.

Kneading, shaping, and molding clay transforms emotional turbulence into calm, focused energy.

Workshop Highlights

- A therapeutic and creative outlet for emotional expression
- Open to everyone aged 12 and above, especially beneficial for teenagers with ADHD.
- Small, supportive group setting - limited to a maximum of 4 participants for personalized attention.

*Turn anger into Art.
Heal through your hands*



Further enquiry.
Whatsapp +60 11-2185 5778

Biorn Club Official Website is LIVE! 
Visit biornclub.com today! 

Welcome to BiornClub!

We are a supportive and inclusive community for families with special needs.

We understand what it's like to live with loved ones with special needs.

We are special too!

With our new website, your journey with Biorn Club just got even easier and more exciting!

Go online and explore our programs, events, resources, and inspiring stories.

Enjoy Biorn Club?

 **Become an Official CLUB MEMBER!** 

We're excited to introduce the Biorn **Official Club Membership!**

Join the monthly Biorn Club gathering for 3 consecutive times to get FREE membership!

- Enjoy **some** free activities
- Get special discounts on Biorn Club programs
- Get your very own Biorn Club Member digital card
- Sign up now and be part of a fun, supportive, and growing community where ***everyone matters!***



Scan QR code to find out how to be an official Club Member — for FREE!





Biorn Club:

Where every child & parent feels valued and celebrated!

- We are a supportive and inclusive community for **families with special needs.**
- We understand what it's like to live with loved ones with special needs. ***We are special too!***
- ***Our goal is*** to create a place where:
 - Every child feels loved
 - Every parent feels supported, and
 - Everyone finds a true sense of belonging.

Considering being a sponsor?

Contact Rachel
(+60 11-2185-5778)
for details, or
scan QR code:



Our Mission:

- ***To provide*** children with special needs a space where they truly belong, and
- ***To empower*** parents by sharing experiences, resources & encouragement.



COME JOIN US as a...

✓ **A Sponsor**

✓ **A Volunteer**

We are looking for sponsors (personal and corporate), so we can keep this monthly gathering affordable for all interested families.

Would you consider:

- ✓ Sponsoring a gathering (food and/or venue), or
- ✓ Sponsoring a low-income family to attend?