



BIORN CLUB

May 2026
NEWSLETTER

Celebrating families with special needs kids!

**Sign up now
for May club
gathering!**

Upcoming Events

May Club Gathering
May 10, Sunday

June BBQ Night
June 20, Saturday

Programmes

**[NEW!] Creative
Expression**

- Art Sessions
(Children)
- Art & Relax
Sessions (Adults)

Baking Class

**Building
Boundaries Against
Bullying**

**1-to-1 Personal
Development
Program**

**Inclusive
Taekwondo**

Music & Movement

**Weekday / Weekend
Respite Care**

**+ Order our yummy
Cupcakes for your
family or for events!**



BIORN CLUB

Fitness Dance!

STAY FIT

10TH MAY 2026

SUNDAY

10:00AM - 12:00PM

BORA BORA EVENT HALL
SUNWAY ISKANDAR PUTERI JB

Scan QR to register



Further enquiries
WhatsApp +60 11-2185 5778



Creative Expression Program

Art Sessions for Children (Including Special Needs)



Express Emotions through Art



Build Confidence



Explore Creativity at Their Own Pace



4 Sessions Small group program
4th, 11th, 18th & 25th July 2026



Limited Slots • All Abilities Welcome



Biorn Clubhouse
5-27, Sunway Citrine Hub



11am to 12pm / 1:30pm to 2:30pm



Special for Parents

Art & Relax Session

A gentle space for parents to unwind & recharge through art.



Let's create, express & grow together!

Because every heart has a story, and every story deserves to be seen.



Further enquiry, WhatsApp : 011-2185 5778



April Report



On April 12, we were thrilled to return to one of our favourite venues, Dewan Muafakat @ Taman Adda Heights, for yet another meaningful and joy-filled Biorn Club monthly gathering.

We had gathered for one purpose: that every family would experience fun, fellowship, and a sense of belonging!

From the warm-up exercises to the various games and sports, there were many heartwarming moments: beaming smiles, words of encouragement exchanged between participants, and loud cheers to keep one another going.

Some games encouraged hand-eye co-ordination, while others challenged our focus and balance.



Small game, big challenge!



When we played 'Passing the Ball', the ball was so large for tiny hands, that parents stepped in readily to help their children, creating the feeling of being on the same team!

Passing the ball from a taller person to a shorter person behind also presented a challenge, turning a simple task into a decidedly more complex one.

As they bent and stretched, many participants were tested in their flexibility and limits!



Moments that matter

The games were simple, but what mattered most were the moments of connection and togetherness. Seeing families being present with one another, sharing moments of laughter and love, was priceless!

There was also space for authenticity — moments where participants could pause, take a break, express their emotions, and simply be themselves. In this space, every individual was accepted and valued.

Indeed, true joy is not found in perfection or performance, but in being fully present and enjoying each other's company.

We look forward to many more moments like this — where joy is simple, love is evident, and everyone feels they belong.





It takes a village!

Thank you to everyone who made this Family Sport event possible!

We are grateful for Mr. You Jeat Xiong, Ahli Majlis Zon Austin Duta (Local Council Member of Austin Duta Zone) for sponsoring the hall, and took time out of his busy schedule to join us. His presence added extra joy to our day.

We are also thankful to the hands behind the scenes, from the hall guard who opened the gates and greeted our team — setting a tone of hospitality and readiness for the day ahead — to the two hall staff who thoughtfully arranged the tables for our use.

They created a welcoming and comfortable environment, ensuring that every participant could feel at ease and enjoy the time together.

POP UP STORE



A Salute to our Volunteers!

At our March Pop-Up Store, we were blessed to have the incredible support from our strong group of community volunteers. They stepped forward to help manage the event, contributing their time, energy, and presence in meaningful ways.

What made this even more special: Many were teenagers volunteering alongside their parents!

It was truly inspiring to see families serving together — not just for a short while, but committing at least six hours to ensure the smooth running of the pop-up store. Their dedication speaks volumes about the spirit of unity and support within our community.

We are especially proud to see individuals with special needs stepping up as volunteers.

It is not about how much they can perform or accomplish, but about their willingness to participate, and to be part of something bigger than themselves. Some even stepped up to assist, co-lead, and demonstrate during the craft-making sessions.

Moments like these remind us that everyone has something valuable to contribute. Given the opportunity and the right environment, each individual can shine in their own way.

To all our volunteers and parents: Your commitment, heart, and willingness to serve have made a lasting impact — building a more inclusive community.



BBQ night

Fun, Food & Friendship!

At Hutan Bandar MBBB

Nature trails | rope course | water play | outdoor play
Pot luck & Barbecue



Join us Saturday
20th June 2026 | 5 PM – 9 PM
BBQ & Outdoor Activities for All Ages

More info to follow.....



Introducing our 1-to-1 Personal Development Programme: A personalised program to develop your strengths and optimise your growth & independence!

We assess neurodivergent children and adults and develop a personalised plan to help them learn, grow, and thrive. Then the plan is carried out across 10 customised sessions:

- Build communication & social skills
- Develop independence & daily living skills
- Strengthen emotional regulation & confidence
- Discover talents, creativity & interests
- Grow at their own pace—feeling valued, confident, and capable.

More than a program, it's a journey to becoming confident, independent individuals ready to embrace life!

*For enquiries, please contact
Rachel @ +60 11-2185 5778.*

Looking for a sweet treat?



Planning a home party, gathering, or special event? Let us make it extra sweet with our customised cupcakes!

Biorn Club recently prepared 100 colourful and delicious cupcakes for a children's party — and they were a hit!

The children loved every bite, and we were so happy to be part of their celebration.

 Orders must be placed at least 10 days before your event.

 Contact Rachel at +60 11-2185 5778 for enquiries.





WEEKDAY RESPITE CARE & Academic guidance



Empowering & Enriching special needs families.

What do we do ?

- 1-1 customised academic guidance
- English, BM, Maths, Science
- Pre- school, Primary, Secondary
- Reading, writing & Speech
- 1 hour per session
- Weekdays
- Morning & Evening time slot

EVERY CHILD LEARNS IN THEIR OWN UNIQUE WAY

ENQUIRE NOW!

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old

WEEKEND RESPITE CARE hang-out | playdate



Empowering & Enriching special needs families.

What do we do ?

- Fun engaging activities
- Interactive games
- Sensory activities
- Encourage social interactions
- 2 hours , small group of 2-5 pax
- Fridays, Saturdays, Sundays

CONNECT & BUILD FRIENDSHIP

ENQUIRE NOW!

FURTHER ENQUIRIES | WHATSAPP +60 11-2185 5778 | LIMITED SLOTS AVAILABLE

Open for special needs children ages 6-18 years old

Introducing Respite Care on Weekdays & Weekends!

We understand that Special Needs Families need lots of support ❤️

For this reason, Biorn Club is introducing:

- **Respite Care on Weekdays** (with academic guidance) and
- **Respite Care on Weekends** (with fun engaging activities) — all to provide help, support, joy and growth to our special needs families.

Run by experienced hands who are familiar with the school curriculum, these sessions will ensure your child gets the guidance they require, while you get the support you need to keep your family going.

Contact us to find out more, and let Biorn Club support your family in this coming year!

Biorn Club Official Website is LIVE!



Visit biornclub.com today!



Welcome to BiornClub!

We are a supportive and inclusive community for families with special needs.

We understand what it's like to live with loved ones with special needs.

We are special too!

With our new website, your journey with Biorn Club just got even easier and more exciting!

Go online and explore our programs, events, resources, and inspiring stories.

Enjoy Biorn Club?

🌟 **Become an Official CLUB MEMBER!** 🌟

We're excited to introduce the Biorn **Official Club Membership!**

Join the monthly Biorn Club gathering for 3 consecutive times to get FREE membership!

- Enjoy **some** free activities
- Get special discounts on Biorn Club programs
- Get your very own Biorn Club Member digital card
- Sign up now and be part of a fun, supportive, and growing community where ***everyone matters!***



Scan QR code to find out how to be an official Club Member — for FREE!



Inclusive Taekwondo

- we welcome all special needs children aged 6-18 years old
- siblings who are non-special needs are welcome to join too.



Training venue :
Biorn Clubhouse,
Sunway Citrine Hub, Johor Bahru.
Training time :
1 session per week
**purchase of taekwondo uniform is required.*



Further enquiries
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Building Emotional Resilience

BUILDING BOUNDARIES AGAINST BULLYING

How to calm emotions?
How to protect personal boundaries?
Stand with confidence against bullying.

Once a week
1.5 - 2 hours per session
5 lessons to complete
Individual coaching



Further enquiries | WhatsApp +60 11-2185 5778

Sandplay Therapy

Healing beyond words

- ✦ For children and adults
- ✦ Safe, non-verbal expression
- ✦ Helps with trauma, anxiety, grief & more
- ✦ Supports emotional healing & self-growth



A gentle, creative therapy using sand, miniatures, and imagination to explore emotions that words cannot reach.

*Let your inner world speak
- one scene at a time.*



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TRANSFORMING ANGER THROUGH ART

Clay Workshop

Clay offers a powerful, hands-on approach to managing anger.

Use the healing properties of art to express what words often cannot.

Kneading, shaping, and molding clay transforms emotional turbulence into calm, focused energy.

Workshop Highlights

- A therapeutic and creative outlet for emotional expression
- Open to everyone aged 12 and above, especially beneficial for teenagers with ADHD.
- Small, supportive group setting - limited to a maximum of 4 participants for personalized attention.

*Turn anger into Art.
Heal through your hands*



Further enquiry.
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Biorn Club:

Where every child & parent feels valued and celebrated!

- We are a supportive and inclusive community for **families with special needs.**
- We understand what it's like to live with loved ones with special needs. ***We are special too!***
- ***Our goal is*** to create a place where:
 - Every child feels loved
 - Every parent feels supported, and
 - Everyone finds a true sense of belonging.

Considering being a sponsor?

Contact Rachel
(+60 11-2185-5778)
for details, or
scan QR code:



Our Mission:

- ***To provide*** children with special needs a space where they truly belong, and
- ***To empower*** parents by sharing experiences, resources & encouragement.



COME JOIN US as a...

✓ **A Sponsor** ✓ **A Volunteer**

We are looking for sponsors (personal and corporate), so we can keep this monthly gathering affordable for all interested families.

Would you consider:

- ✓ Sponsoring a gathering (food and/or venue), or
- ✓ Sponsoring a low-income family to attend?